

# Fair Hill Therapeutic Riding Center

Mailing Address: PO Box 396, Waymart, PA 18472  
570-390-8695 [FHTRC2019@gmail.com](mailto:FHTRC2019@gmail.com)

## Medical Form (Page 1 of 2)

Name \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex: M/F

Parent/Guardian (if Applicable) \_\_\_\_\_

Address: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Secondary Diagnosis: \_\_\_\_\_

Date of Onset: \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_

Medications: (type, purpose, dose): \_\_\_\_\_

\_\_\_\_\_

Please indicate if the client has a history of the following problems. Please include **Complete** information, including surgical history pertaining to any items checked

Downs Syndrome		Autism	
Hydrocephalus/Shunt		Auditory Impairment	
Seizure, include type & date of last		Speech Impairment	
Allergies, (stimulus & reaction)		Visual Impairment	
Cardiac		Glasses/Contacts	
Circulatory		Learning Disability	
Gastrostomy		Mental Impairment	
Asthma/ COPD		Psychological	
Incontinence		Sensory loss	
Indwelling Catheter		Balance Impairment	
Contractures		Spinal Column Injury	

**Fair Hill Therapeutic Riding Center**  
**Medical Form (Page 2 of 2)**

<b>Orthopedic History</b>			
Subluxing or Dislocating Joints		Laminectomy	
Spinal Fusion		Scoliosis	
Kyphosis/Lordosis		Spondylolisthesis	
Osteoporosis		Heterotrophic Ossification	
Fractures:			
Location:		Healed	
Other			

Mobility Status \_\_\_\_\_  
 Ambulatory? \_\_\_\_\_ Assistive Device \_\_\_\_\_

**Precautions and Contraindications to therapeutic riding:**

- Seizure disorders
- Hip subluxation?                      Dislocation                      Total hip arthroplasty
- Osteogenesis Imperfecta
- Scoliosis > 30
- Atlantoaxial dislocation condition
- Osteoporosis
- Hydrocephalus/Shunt
- Spinal Fusion                      Spinal instability
- Spinal cord injury above T12

**In my opinion the individual named above can participate in supervised mounted equestrian activities. I have reviewed the listed precautions and contraindications.**

**Physicians Signature**

\_\_\_\_\_ **Date:** \_\_\_\_\_

Physician's Name (please print) \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Staff Signature \_\_\_\_\_ Date received \_\_\_\_\_ Date reviewed \_\_\_\_\_

\_\_\_\_\_